

# THE HOUSE SPECIAL

## NEWSLETTER OF THE SKYLINE HOUSE UNIT OWNERS' ASSOCIATION

### HAPPY NEW YEAR!



A special warm and Happy New Leap Year from the Newsletter team! May 2020 be a great and special year for you and your loved ones.

### PRESIDENT'S REPORT

BY RICHARD PORTER, PRESIDENT



Happy New Year! SHUOA begins the New Year with a full plate. We are looking for a new General Manager. We are monitoring pool replacement, in conjunction with plaza deck replacement. We are gearing up for more facade and balcony work. Each of those is a big project. Together, they will require that we all pull together to achieve the best results at the lowest cost. I am committed to doing just that with your Board of Directors and Committee Members.

I'm pleased to report that the holiday party was well attended and a big accomplishment for us, "Toys for Tots," and the Social Committee for a successful 2019.

The search for a new General Manager will require us to know what we want in terms of management skills, financial acuity, and construction planning and monitoring ability. Whomever we hire must hit the ground running – if not flying.

I look forward to a productive year that will keep Skyline House the best housing for the best people.

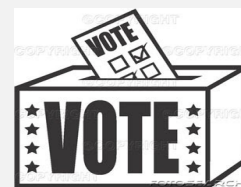
**Are you interested in writing a special feature for the *House Special* as a contributing writer?** If so, please submit your ideas/stories to the management office. The newsletter's editorial staff will read and select appropriate entries and make every effort to publish one writer's submission in each edition.

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### SKYLINE HOUSE 2020 Election Calendar



January 2 Nominations Open

February 3 Nominations Close

February 24 Mailout to Owners

March 10 Meet the Candidates Night

March 24 Annual Board Elections

2 Seats for 3 Years Each

## HOME SWEET SKYLINE

BY NEWSLETTER STAFF WRITER



Skyline House is home to at least 1,000 residents. Although we consider our individual units to be our homes, we all share the reception lobby and common areas as part of this “home.” When our guests come to visit, the reception and common areas are the collective “foyer” to our homes. The first greeting which guests receive when they arrive is from our front desk staff members, who almost always try to be most courteous in the most challenging of work duties. Our foyer is also very well taken care of by resident volunteers who ensure that our entrance vase is pretty, fresh, and changing, and that the lobby is seasonally decorated for a variety of holidays. Thank you for making our building beautiful.

But way too often, we see these common areas littered with various types of debris, such as cups, bags, wrappers, empty bottles, and spills, that are left behind in the hallways and elevators. Even though they might have been innocently or absentmindedly left behind, this still causes an unsightly scene and a bad impression on our building.

If we all make a small effort to keep the common areas beautiful, it will make a big difference in more ways than one.

Please follow these six simple steps to ensure that our Skyline House is a place where all residents and staff care about and respect their community:

1. If you see trash and you can pick it up, please do so. Find the nearest bin and dispose of it. There are trash cans behind the reception, at the main and garage entrances and, of course, in our homes.
2. If you spill or see something in the elevator or elsewhere, please notify housekeeping if you are unable to clean it yourself. Stop by or call the reception from your home phone and request that housekeeping take action. If it's after-hours, the security team is usually notified to take care of it. Please don't let these things linger.
3. Do not drag trash bags across the hallways. Please carry them a few inches off the ground and instruct children to do the same.
4. Please refrain from tampering with the elevator document frames or scratching the walls. If you see any irregularities in the elevators, please notify Management or the front desk immediately.
5. If you catch someone in the act of littering, kindly ask them not to.
6. If you catch someone in the act of picking up, take a moment to thank them.

The Skyline Family is so fortunate to have an amazing housekeeping team and a beautiful spacious building to call our home. Let's help make it shine

## MLK DAY!

BY FAZIA DEEN, STAFF WRITER



The Martin Luther King Jr. holiday on Jan. 20, 2020, marks the 25th anniversary of the day of service that celebrates the Civil Rights leader's life and legacy. Observed each year on the third Monday in January as “a day on, not a day off,” MLK Day is the only federal holiday designated as a national day of service to encourage all Americans to volunteer to improve their communities. The Corporation for National and Community service has been charged to lead this effort for the last quarter century.

## LET'S REVIEW THE RECYCLING RULES!

ANN JOHNSON, CO EDITOR

A quick look at the recycling bins in the West Building yielded the following inventory of forbidden items:

- Styrofoam
- Newspapers
- Pizza boxes
- Egg cartons
- Bag of bedsheets!!
- Bag of plastic bags
- Glass bottles
- Running shoes



These were spotted just in the top layer of various bins.

Let's repeat the items that can be recycled:

- **PLASTICS #1 AND #2** – water and soda bottles, shampoo and conditioner bottles, soap, bleach and detergent bottles
- **CARDBOARD BOXES** – heavy outer boxes used for online orders, etc.

- **ALUMINUM, TIN AND STEEL CANS** – vegetable/soup cans, metal drink cans, empty aerosol spray cans, aluminum food tray

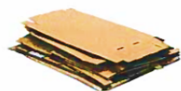
Be sure the recyclables are empty, clean and dry before putting in the recycling container.

You may think it doesn't make any difference. But our maintenance staff must go through the bins and weed out the non-recyclables. This is a waste of their time as well as a chore that should not be in their job descriptions.

The whole world of recycling has undergone vast changes in the last year. China no longer wants mixed paper and plastic. There were many problems, but the main one was that too much of the wrong things were mixed in. Paper, for instance was damp, and plastic too soiled with food or grease to be recycled. (This is why pizza boxes do NOT belong in our blue bins.) After China rejected imports, the trash was rerouted to places like India. But they don't want it either; they have enough of their own. Last May, Malaysia began sending back 60 containers of trash to various countries. The trash was supposed to be plastic but was contaminated with electronic waste and other forbidden items.

Some countries are trying to begin more plastic recycling – food containers, pellets. Others burn trash or put it in landfill. American cities have a variety of solutions – but the basic problem is, "With the current state of the recycling market, there is little if any market for the processed collected recyclable materials."

So please pay attention to the rules. Don't waste staff's time and the association's money by tossing anything you please in the recycling bins.



### CARDBOARD

cardboard boxes from online orders



### PLASTICS #1

water bottles & soda bottles



### PLASTICS # 2

milk jugs, shampoo and conditioner bottles, soap bottles, detergent and bleach bottles



### METAL

aluminum beverage cans, food cans

## YOGA @ SKYLINE PENTHOUSE!

BY NEWSLETTER STAFF WRITER

What a sweet treat it was to experience yoga atop the Skyline House West Party Room. Being in this spectacular and bright panoramic space made it a healing and exhilarating experience.



We have Zen at our own rooftop. What a gift! On that clear and sunny morning, about ten smiling and curious yogis and yoginis gathered on their mats at the Gentle Yoga trial class and information session, which took place on Thursday, January 9th.

This Gentle Stretch morning class at 10:30 AM focuses on breathing, stretching, and balance, with limited standing movements. Most poses and exercises are floor-based and chair modifiable. The class is co-ed and appropriate for all levels. Amplifications, use of props, and modifications are always encouraged. The Friday evening Slow Flow yoga class at 6:00 PM was another breathtaking rooftop yoga experience. We would have had the company of a full moon rising had it not been an overcast night. We look forward with much anticipation for the days to get longer and yoga to be happening at sunset. Imagine that!

The evening co-ed all-levels class also focuses on breathing, stretching, and balance but has the added component of standing movements, flows, and poses.

The ten-week sessions (\$100 total cost) formally begin on January 16/17 and end on March 19/20. Space is still available, so if you'd like to sign up, simply arrive 15 minutes early, and the instructor will help you with registration/payment and answer any questions.

### East Party Room

**Gentle Stretch:** Thursday mornings 10:30am

**Slow Flow:** Friday Evenings 6:00pm

## SKYLINE HOUSE HOLIDAY PARTY

JANICE HILL, CHAIR



A jolly good time was had by all at the Skyline House Holiday Party on Saturday, December 14<sup>th</sup> in the West Penthouse Party Room. It was a wonderful evening kicked off by a welcome from SHUOA's Board President, Richard Porter. The Activities Committee organized and coordinated the Party. The Committee supplied the main course of turkey, chicken and shrimp with the remaining dishes provided via potluck by residents. We are so grateful to those who shared their epicurean talents with us. There were too many sides to name. Casseroles, appetizers, salads, veggies, cakes, pies and other desserts were overflowing.

This year, we also collected toys for the Marines "Toys for Tots" Program. Sgt. Monclova of Quantico joined us and presented SHUOA with a certificate of appreciation from the US Marines for our support of their "Toys for Tots" Program. We collected 2 full boxes of toys for "Toys for Tots." A BIG THANK YOU to all who attended and to those who could not attend but gave a toy anyway.

Thanks to the Activities Committee for their hard work to ensure that everyone had a "Jolly Old Time!" Also, a heartfelt thank you to those who kindly stayed afterwards to help clean up and put things away. We greatly appreciated it.

## SKYLINE HOUSE CALENDAR JANUARY 2020



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
19	20 <b>OFFICE CLOSED</b>	21	22	23 Gentle Yoga 10:30-11:30 am West Party Room	24 Flow yoga 6-7 pm West Party Room	25
26	27 <b>FIN MGT</b> 7:00 PM Meeting Room	28	29 <b>BOARD</b> 7:00 PM Meeting Room	30 Gentle Yoga 10:30-11:30 am East Party Room	31 Flow yoga 6-7 pm East Party Room	

### Staff's January Birthdays:

Jaime E. Gomez

